

Victim Support

This is a list of charities and organisations that are available to help both victims and victims families after crime.

The list covers the following areas of support:

- Domestic Abuse
- Sexual Abuse
- Bereavement
- Fraud
- Alcohol and Drugs
- Children



Victim Support is an independent charity dedicated to supporting victims of crime and traumatic incidents in England and Wales.

Tel: 0808 168 9111

Website: [Victim Support](https://www.victimsupport.org.uk)

▶ Domestic and Sexual Abuse



Women's Aid is a national organisation providing help and support to victims of domestic abuse. They provide help on housing, safety planning, dealing with police and more.

Tel: 0808 2000 247

Email: helpline@womensaid.org.uk

Website: [Women's Aid](https://www.womensaid.org.uk)



The Men's Advice Line is for male victims of domestic abuse. We offer confidential advice, non-judgmental support, practical information and help.

Tel: 0808 801 0327

Email: info@mensadvice.org.uk

Website: [Men's Advice Line](https://www.mensadvice.org.uk)



Refuge can help you find a refuge vacancy for you and your children. They can also support you to find other specialist services in your community, whether or not you have left your partner.

Tel: 0808 2000 247

Website: Refuge.com



Supporting LGBT+ people who are victims of domestic abuse, sexual violence, hate crime and other forms of abuse. They run a helpline, support groups and an online community.

Tel: 0800 999 5428

Email: help@galop.org.uk

Website: Galop



A support service for young people from mental health to money, from homelessness to finding a job, from break-ups to drugs.

Tel: 0808 808 4994

Website: The Mix.



**Survivors'
Network**

We support survivors of sexual violence and abuse in Sussex. We understand that a healing journey starts with a small step and are here to help you.

Tel: 01273 720 110

Email: info@survivorsnetwork.org.uk

Website : survivorsnetwork.org.uk

Bereavement



S.A.M.M. provides support services to people bereaved by murder and manslaughter including people affected by mass fatality events.

Tel: 0121 472 2912

Text: 07342 888570

Website: samm.org.uk



Their helpline team can offer advice, guidance and support to parents, carers, family friends, professionals and anyone who is supporting a child or young following a death.

Tel: 08088 020 021

Email: ask@winstonswish.org

Website: www.winstonswish.org

Cruse Bereavement Support

Bereavement support for families through support groups, helplines and one to one support.

Tel: 0808 808 1677

Website: [Cruse.org.uk](https://www.cruse.org.uk)



Information and support service to people bereaved or seriously injured in road crashes.

Tel: 0800 160 1069

Email: helpline@roadpeace.org

Website: www.roadpeace.org

Scam and Fraud



Action Fraud is the UK's national reporting centre for fraud and cyber crime where you should report fraud if you have been scammed.

Tel: 0300 123 2040

Website: www.actionfraud.police.uk



We'll help you spot and avoid the latest scams targeting your money. We also have specialist advisers at over 125 local Age UKs and offer support through our free advice line.

Tel: 0800 678 1602

Website: www.ageuk.org.uk

Drugs and Alcohol



Support for anyone whose life is or has been effected by someone else's drinking

Tel: 0800 0086 811

Email: helpline@al-anonuk.org.uk

Website: al-anon.org



A lifeline of safe and caring support to families , friends and partners affected or bereaved by a loved ones harmful use of drugs, alcohol or gambling.

Tel: 0300 888 3853

Website: www.drugfam.co.uk



Drug & alcohol use can threaten and ultimately destroy family relationships and wellbeing. We empower family members and carers, support frontline workers and influence decision-makers to stop this happening.

Website: <https://adfam.org.uk>

▶ Children and Young People

childline

ONLINE, ON THE PHONE, ANYTIME

Childline offers free, confidential advice and support to children whatever your worry, whenever you need help. If you think a child is in immediate danger, please call the police on 999 straight away.

Tel: 0800 1111

Email: email help@NSPCC.org.uk

Website: www.nspcc.org.uk



We provide emotional and practical support to children affected by crime. We can also provide short breaks and theme park days out to replace your painful memories with happier ones.

Tel: 0345 60 999 60

Website: embracecvoc.org.uk



Advice for victims of stalking

Tel: 0808 802 0300

Website: www.suzylamplugh.org